

# simplified

## virtual lactation consultant

### What We Do

SimpliFed provides online breastfeeding and infant nutrition support to new parents from board-certified lactation consultants to help them troubleshoot feeding decisions.

### How It Works



1

#### **Check out SimpliFed from your Milk Stork Employee Portal.**

Place your order through your company's Milk Stork Employee Portal.

[portal.milkstork.com/oregonstate.edu](https://portal.milkstork.com/oregonstate.edu)



2

#### **Receive a digital employer code.**

Upon confirming your order, you will receive an order confirmation email enabling you to schedule your lactation sessions. This email includes a code that you will redeem with your lactation consultant.



3

#### **Set up your sessions through our booking process.**

We offer a variety of options and appointment types to meet your needs.



4

#### **Complete the intake form with the code provided in the Milk Stork Confirmation email.**

We offer 30 minute to 1 hour sessions at a time. You schedule your appointment based on your best availability!

