



# National Work & Family Month

## October 2021

The month of October was established by Alliance for Work-Life Progress as National Work & Family Month (NWFM) in 2003. It is a month of dedication to ensure that the worlds of both work and family are in balance in each person's life. OSU's NWFM is brought to you by the Family Resource Center & Human Resources.

The virtual Benefits Fair is taking place all month, we have listed some events here, but to view the entire list of offerings please visit their [website](#).

### Friday, 10/1:

Beaver Community Fair: 12pm-4pm | MU Quad & SEC Plaza

### Monday, 10/4:

Benefits Fair: TIAA- Tomorrow in Focus: 11am | [Click here to register](#)

### Tuesday, 10/5:

Celebrating Campus Children's Center Week- FRC Information Tabling: 12:30pm-3:30pm | Outside Milne (come grab a cupcake!)

Beyond Benefits: No Such Thing as a Perfect Parent: 3pm | [Click here to register](#)

Benefits Fair: Beyond Benefits EAP: 11am | [Click here to join](#)

Benefits Fair: Turn Your Savings into Retirement Income: 1pm | [Click here to register](#)

Benefits Fair: PERS Retirement Readiness - Tier One and Tier Two: 3pm-5pm | [Click here to register](#)

### Wednesday, 10/6:

Celebrating Campus Children's Center Week- FRC Information Tabling: 12:30pm-3:30pm | Outside Milne (come grab a cupcake!)

Benefits Fair: Get Started and Save for the Future You: 11am | [Click here to register](#)

Benefits Fair: Family Resource Center Q&A: 11:30am-12:30pm | [Click here to join](#)

Benefits Fair: TIAA-Inside Money: 2pm | [Click here to register](#)

### Thursday, 10/7:

Celebrating Campus Children's Center Week- FRC Information Tabling: 12:30pm-3:30pm | Outside Milne (come grab a cupcake!)

Benefits Fair: SHIBA-Medicare 101: 1pm-3pm | [Click here to register](#)

### Friday, 10/8:

Benefits Fair: TIAA-Inside Money: 2pm | [Click here to register](#)

### Monday, 10/11:

Benefits Fair: Maximize Social Security in Your Retirement Strategy: 11am | [Click here to register](#)

### Tuesday, 10/12:

Beaver Family Connections- Healthy Meals: 12pm-1pm | [Click here to join](#)

Benefits Fair: PERS Introduction: 3pm-5pm | [Click here to register](#)

### Wednesday, 10/13:

Beaver Dads: 12pm-1pm | [Click here to join](#)

Benefits Fair: Flexible Spending Accounts: 11am | [Click here to join](#)

Benefits Fair: TIAA-She's Got It: A woman's guide to saving and investing: 1pm | [Click here to register](#)

### Thursday, 10/14:

Work Life: 10am | [Click here to join](#)

ElderCare Connections-Understanding Hoarding: 12pm-1pm | [Click here to join](#)

Beyond Benefits: The Sandwich Generation: 4pm | [Click here to register](#)

### Friday, 10/15:

Benefits Fair: TIAA-Optimizing Your Retirement: 2pm | [Click here to register](#)

### Tuesday, 10/15:

BABY@OSU Workshop- Session 1 (The First Two Years): 1pm-2pm | [Click here to register](#)

### Tuesday, 10/26:

Benefits Fair: Home Buying and Finance 101: 8:30am | [Click here to register](#)

Protected Leave for Employees: 10am | [Click here to join](#)

### Wednesday, 10/27:

Benefits Fair: Want to buy a home? Are your Debt-to-Income Ratios in line?: 8:30am | [Click here to register](#)

Beyond Benefits: Initiating Difficult Conversations: 10am | [Click here to register](#)

### Thursday, 10/28:

Benefits Fair: Need to sell your home to downsize or improve your financial situation?: 8:30am | [Click here to register](#)



### FRC Weekly Offerings

#### Tuesday's

Employee Parent Connections:

1pm-2pm

[Click here to join](#)

#### Thursday's

Student Parent Connections

12pm-1pm

[Click here to join](#)

Family Resource Center Virtual Office Hours

4pm-5pm

[Click here to join](#)

### Friend Raisers: Employee Child Care Assistance-

Faculty and staff without quality and reliable care cannot provide the level of teaching and service that students need and deserve in order to be successful at Oregon State University. Impacts to any parenting OSU employee will be felt by the hundreds of students supported by them. To continue OSU's long standing commitment to engaging in exceptional teaching, research, discovery and innovation our faculty and staff need your help in affording quality child and youth care. [Consider donating to the Friend Raisers Endowment today!](#)

Questions may be directed to [Robynn.Pease@oregonstate.edu](mailto:Robynn.Pease@oregonstate.edu)



# Oregon State University