

# LACTATION ROOM ETIQUETTE @ OSU

**Please be courteous of other users by following these guidelines:**

- Only use this space for its intended use and not for personal benefits (ie. watching movies or napping)
- Be sure to knock before entering any lactation room
- The access code you have been given is your unique code, please do not share it with others
- Place the “in use” sign on the outside knob prior to use and remove sign after use is completed
- Maintain the hygienic status of the room and refrigerator after use and be sure to wipe any possible spills and properly clean the space after each use
- Respect the privacy/security of the room by assuring all doors are properly closed and all other materials are stowed away



- Please be aware that the CDC recommends the use of breast milk no more than 4 days after refrigeration
- All breast milk that is refrigerated must be labeled with your name
- Please refrain from spraying fragrances in lactation rooms
- Report any maintenance issues or concerns to FRC: 541-737-4906 or [familyresources@oregonstate.edu](mailto:familyresources@oregonstate.edu)

Thank you OSU Nursing Parents!



**Oregon State  
University**