

2024-2025 SCHEDULE

OCTOBER 8

Practicing Mindfulness & Resilience
with OSU Extension Family & Community Health

NOVEMBER 12

Kindergarten Readiness
with Dr. Megan McClelland, College of Health,
Director, Hallie E. Ford Center for Healthy
Children & Families

DECEMBER 10

*Financial Foundations for Families: Effective
Budgeting Steps and Tips*
with Kayleen Salchenberg, CAFÉ
(Center for Advancing Financial Education)

JANUARY 14

Keeping Kids Safe: What Should Parents Know?
with Misha Lind, Office of Youth Safety &
Compliance

FEBRUARY 18

Exploring Lyra Health @ OSU
with Christina Schaaf (UHR Work Life)

MARCH 11

Meet & Learn: Corvallis Youth Volunteer Corps
with Brynnan Burns, YVC Coordinator

APRIL 8

Talking to Your Child about Consent
with Amanda Stevens, CAPE

May 13

Preparing Your Home & Family for Emergencies
with Benton Co. Emergency Management/BCERT

June 10

*"Adulting 101:" Skills to Help Launch Your Young
Adult into Independent Living*
with a panel of OSU parents



BEAVER FAMILY CONNECTIONS

Enjoy lunch and connect with other OSU parents and caregivers as we explore interesting topics and discussions related to child development, parenting, and family health and well-being. Topics will span from infancy through high school and are presented by local experts in the field.

Tuesdays, 12-1pm
Memorial Union 207
Allworth Conf. Room

Lunch Provided

All OSU Parents/Caregivers Welcome

familyresources.oregonstate.edu/bfc

For accommodations, please contact:
541-737-4906 or cari.maes@oregonstate.edu

Have an idea for a future speaker or topic?
Email: Cari Maes, cari.maes@oregonstate.edu



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