DIY BAKING CLAY

Pre School

Supplies Needed:
• 1 cup salt
• 1 1/2 cups warm water
• 4 cups all purpose flour

What to do:
1. Stir the salt into the warm water. Let cool
   • If you'd like to color the dough, add food coloring to water/salt mixture.
2. Add flour and knead for 8-10 minutes
3. Have child create sculptures (similar to how they would with play-dough)
4. Bake at 325 degrees for 30 minutes-1 hour (until all the moisture is gone)
5. Allow to cool and then your child can paint their creation

Alternative Recipe:
• 2 cups baking soda
• 1 cup cornstarch
• 1 1/4 cups water
1. Cook over medium heat stirring constantly until mixture is the texture of mashed potatoes.
2. Let cool and then knead well by hand
3. Roll out and use cookie cutters to cut out shapes.
4. Air dry for approximately three days or bake at 175 degrees until firm
5. Have child paint the shapes they created

Activity submitted by OLV Caregiver Anne

Click HERE for the original source and instructions