Family Resource Center Quarantine Hacks for Kids

DIY BAKING CLAY

Pre School

Supplies Needed:

- 1 cup salt
- 1 1/2 cups warm water
- 4 cups all purpose flour

What to do:

- Stir the salt into the warm water. Let cool
 If you'd like to color the dough, add
 food coloring to water/salt mixture.
- 2. Add flour and knead for 8-10 minutes
- 3. Have child create sculptures (similar to how they would with play-dough)
- **4.** Bake at 325 degrees for 30 minutes-1 hour (until all the moisture is gone)
- **5.** Allow to cool and then your child can paint their creation

Alternative Recipe:

- 2 cups baking soda
- 1 cup cornstarch
- 1 1/4 cups water
- 1. Cook over medium heat stirring constantly until mixture is the texture of mashed potatoes.
- 2. Let cool and then knead well by hand
- 3. Roll out and use cookie cutters to cut out shapes.
- 4. Air dry for approximately three days or bake at 175 degrees until firm
- 5. Have child paint the shapes they created





Activity submitted by OLV Caregiver Anne

Click HERE for the original source and instructions

