Family Resource Center Presents:

**BEAVER FAMILY CONNECTIONS**

**2018-2019**

Bring your lunch and join in on interesting topics and discussions related to your child's development and your family health and well being. Topics will span your child's life from infancy through high school and are presented by some of the local experts in the field!

Free snacks will be provided!

familyresources.oregonstate.edu/bfc

**SECOND TUESDAY OF THE MONTH**

**12-1 PM**

**MEMORIAL UNION 207**

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**2018-2019 Schedule:**

**October 9th:**
*Preparing Your Teen for Life After High School:* Join OSU's Dani Warner as we learn how you can best support your child through the transition to life after high school and into adulthood.

**November 13th:**
*The Terribly Terrific Two’s & Beyond:* Join OSU's Anne Mannering as she walks us through what to expect during this sometimes challenging time.

**January 15th:**
*Childhood Sexual Development:* Join OSU's Daniel Dowhower as he discusses what to expect as your children develop sexually.

**February 12th:**
*Tools & Strategies to Practice Emotional Intelligence:* From happy to sad, frustrated to excited, angry to calm, children have many different emotions (and so do parents!). In this interactive workshop, OSU’s Shauna Tominey will talk about hands-on strategies parents can use to help children learn to manage their emotions.

**April 9th:**
*How to Identify Bullying in Your Child's Life:* Bullying is one of the things parents worry the most about once their child enters school. A child psychologist from Corvallis' Oregon Counseling branch will walk us through some signs of bullying and how you can support your child.

**May 14th:**
*Quality Early Education & Care:* Join OSU's Bridget Hatfield & Adrienne Henry as they identify the indicators and characteristics of quality early care and education.

**Accommodations for disabilities may be made by contacting 541-737-4906 or familyresources@oregonstate.edu.**