



Beaver Family Connections

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Bring your lunch from 12-1pm and join in on interesting topics and discussions related to your child's development and your family health and well being.

Baby Series-

March 20th | MU 213 | 12-1pm | Promoting Self-Regulation in Young Children

One of the best ways you can help prepare your child for kindergarten is by teaching them how to self-regulate. Join us as OSU's Alexis Tracy shares some very practical ways you can help your child develop these skills.

Childhood Series-

February 13th | MU 212 | 12-1pm | Bullying 101

Join us as the Old Mill Center's Dr. Farrah Dalal (LMFT) discusses some signs that your child might be getting bullied, the impacts it can have on them, and what you can do to support your child.

Tween-Teen Series-

January 16th | MU 212 | 12-1pm | Social Media & Technology

One of the biggest parenting hot topics has been the increasing use of social media and technology in tweens/teens. Join us as OSU's Tasha Randall Galardi discusses what it means to be a "techno-parent" and what to watch for.

General Sessions-

February 20th | MU 212 | 12-1pm

Step Parenting & Blended Families

Many of today's families find themselves in a step parent or blended family situation and it can be hard to know the dos and don'ts of each parent's role. Join a guided discussion on how to create a healthy family relationship that supports everyone.



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