Beaver Family Connections
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Bring your lunch from 12-1pm and join in on interesting topics and discussions related to your child’s development and your family health and well being.

Baby Series-
November 14th | MU 212 | 12-1pm | What to Expect in your Baby’s First Year of Life
Having a newborn can be overwhelming when you don’t know what to expect. Join us as OSU’s Anne Mannering goes over developmental milestones of the first year and when they should start happening.

Childhood Series-
October 17th | MU 207 | 12-1pm | Balancing your Family’s Schedule
With the school year in full swing, many families find themselves trying to balance their schedule with their busy kid’s schedules. OSU’s Kelly Davis will be guiding our discussion around how to find that happy balance.

Tween-Teen Series-
October 31st | MU 213 | 12-1pm | How to Recognize Suicidal Thoughts in your Tween/Teen
Did you know four out of five teens who attempt suicide have given clear warning signs? Join us at OSU’s Counseling & Psychological Services walks us through how to recognize signs of suicidal thoughts in your child.

General Sessions-
November 21st | MU 212 | 12-1pm
Tools & Strategies to Practice Emotional Intelligence
From happy to sad, frustrated to excited, angry to calm, children have many different emotions (and so do parents!). In this interactive workshop, OSU’s Shauna Tominey will talk about hands-on strategies parents can use to help children learn to manage their emotions.

Family Resource Center
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